

# YOUTH SPORTS

Youth Sports Director: Shane Lowell  
slowell@defymca.org

## Recreational Indoor Soccer

Sponsored by:



**February 25 - April 15**

Players will be placed on teams and play games once a week. They will also have one practice a week.

**Divisions are:**

U6 (4 or 5 years old on July 31, 2016)

U8 (6 or 7 year old on July 31, 2016)

U11 (8, 9 or 10 years old on July 31, 2016)

**Fee: \$50 members, \$65 supporting communities  
\$80 non supporting communities**

## Spring Travel Soccer League

Sponsored by:



Players will tryout for teams that will be competing in the Point Lookout League. Additional friendlies will be scheduled.

Each team will practice once a week and play two games on May 1, May 15, May 22 and June 5.

U9 - U14 Boys & Girls Teams

The age is the players age as of July 31, 2016.

Contact Shane at slowell@defymca.org if interested.

**Registration Fee: \$125**



## Gymnastics



Springers Gymnastics Center is proud to provide gymnastics instruction for the DEFY. Springers Gym is a 6,500 sq. ft. facility dedicated to gymnastics instruction to the youth of Hancock County and surrounding communities. Springers offers programs from walking toddlers to competitive high schoolers. Program are for boys and girls. DEFY

**MEMBERS:** Tell us you're a member of the DEFY, and receive a discount on monthly tuition. Please contact Springers Gymnastics Center directly at 667-0880; email info@springersgymnasticscenter.com or register online at springers-gymnastics.com

## DEFY Youth Strength & Conditioning

Join Maks Grover for an intense training program designed to prepare athletes for their upcoming sport season. Maks, a former standout high school athlete, is certified through American Sports and Fitness Association as a personal trainer.

**Middle School Athletes:** March 7 - March 16 Tuesdays & Thursdays 3-4pm  
\$40

**High School Athletes:** March 6 - 17 Monday, Wednesday & Friday 3-4pm  
\$60

**Fee: \$35**

## Down East Family YMCA Little League

### IMPORTANT DATES

**Registration Deadline:** March 30

### Placement Day

**Baseball:** April 1 from 11:30am-2:30pm at Ellsworth High School

**Softball:** April 1 from 3:00-5:30pm at Ellsworth High School

All players league age 7-12 must attend for proper placement. All players will be placed on a team.

**Opening Day:** May 6

### Divisions:

T-Ball (ages 4 and 5)

Cost: \$30

Farm League Baseball (ages 5-7)

Cost: \$40

Farm League Softball (ages 5-7)

Cost: \$40

Minor League Baseball (ages 7-11)

Cost: \$100

Minor League Softball (ages 7-11)

Cost: \$100

Major League Baseball (ages 9-12)

Cost: \$100

Major League Softball (ages 9-12)

Cost: \$100

All registrations forms must be filled out and fee paid before tryouts. Please do not wait until the day of tryouts to register.

## Little League Sponsorship Opportunities

4' x 8' sign on outfield fence: \$300

Regular season team sponsor: \$500

Regular season team sponsor and sign: \$700

Regular season team sponsor/sign and All Star Team sponsor: \$900

Contact Shane at slowell@defymca.org for more information.

## Annual Youth Sports Schedule

**January:** Tournament Basketball

**February:** Indoor Soccer

**March:** Spring Travel Soccer Tryouts

**April:** Little League Tryouts

**May:** Spring Travel Soccer & Little League games begin

**June:** T-ball, Summer Soccer, Fall Travel Soccer Tryouts

**July:** Little League All Stars

**August:** Fall travel soccer begins

**Sept:** Recreation Soccer begins

**Oct:** Travel basketball tryouts

**Nov:** Travel basketball begins

**Dec:** Rec Basketball begins