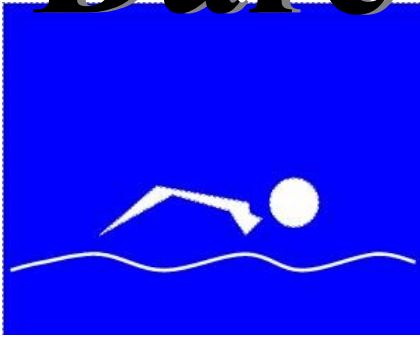


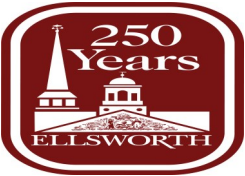
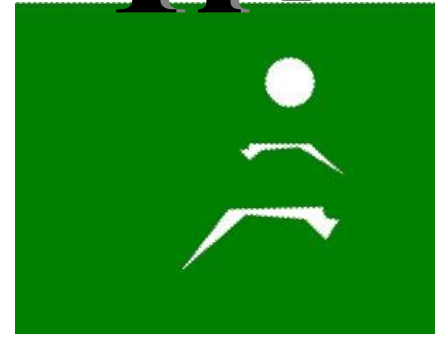
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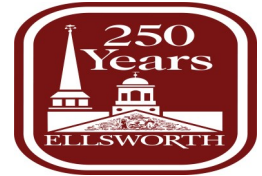
To



Try



Down East Family YMCA Annual Sprint Triathlon



500 Yard Swim, 13.4 Mile Bike, 3.1 Mile Run

Sunday, July 28th

7:00am registration, 8:00am start @ YMCA

Single \$35 Team \$75

Now part of the Ellsworth 250th celebration!!!

Check one: Individual Registration _____ Team Registration _____

Name (team captain if team registration) _____

Address _____ Town _____ State _____ Zip _____

Phone _____ Email _____

Team Name _____

Other team participants will be required to sign a waiver at the registration table prior to the race.

| | Swimmer | | | | Biker | | | | Runner | | | | Seed time 500 swim |
|---------------|---------|-----|-----|-----|-------|-----|-----|-----|--------|-----|-----|-----|--------------------|
| T-shirt Size | AS | AM | AL | AXL | AS | AM | AL | AXL | AS | AM | AL | AXL | _____ |
| Age() Sex() | () | () | () | () | () | () | () | () | () | () | () | () | _____ |

I hereby understand that the Down East Family YMCA and its representatives, the sponsor, their associates and representatives are not to be held responsible for damages or injuries to me. I hereby agree to hold the above parties harmless for any direct or indirect damages or injuries which I may incur arising from the Down East Family YMCA Road Race. I also give permission to the media to use my name and/or picture for publication without limitations. Parent or guardian must sign if participant is under the age of 18.

Signature of participant or legal guardian

Date

Please return this form with a check for appropriate amount made to the Down East Family YMCA.
P.O. Box 25, Ellsworth, ME 04605. (207) 667-3086